

# Thrive in Health and Social Care

## Licensed Practitioner Course for Social Care: Professionals working with parents, children and young people

### About this course:

This is a 10 day course designed for health and social care professionals who provide advice and support to birth, foster and adopted families. The course explores the Thrive developmental model and enables you to carry out an assessment of a child's social and emotional well-being, create action plans that support their specific developmental needs and monitor progress over time.

The course covers the impact early relational experiences and trauma have on attachment, brain development and stress regulation systems. From day one you will be able to apply new knowledge and skills to your professional practice. Over the ten days you will be able to measure the impact Thrive support has on individual children and families.

This training will help you to consider the essential skills and attitudes of birth, foster and adoptive parents to develop positive relationships and support the emotional development of vulnerable children. It will help you make informed decisions around optimal matching and planning and explore possible signs of breakdown. We will consider the impact secondary trauma has on professionals, parents and carers. The impact of parent's own stories will be explored and the effect this has on healthy parenting. We will study the impact of loss, grief, change, fear, shame, guilt and anger on a child's behaviour and consider practical strategies to support the safe expression of these emotions.

### Previous delegates have commented:

- The course has provided a new way of working with families – using a robust and tested methodology. I'm hoping to use this learning to change the lives of children in a positive, robust and long lasting way
- Very insightful training with a dynamic approach – explored the needs of the child from all angles.
- Excellent reflective training, the Thrive approach offers much that will be applicable to my practice – there is hope for our young people through Thrive
- This has helped me work more closely with professionals across different agencies, especially schools, to support my families.

**Suitable for:** Professionals working within Health and Social Care sectors who support and advise parents, children and/or young people. This course is particularly relevant to staff that support foster carers and adoptive parents or work directly with children who are in care or adopted.

<b>Duration:</b>	10 days		
	<b>Days</b>	<b>Dates</b>	<b>Times</b>
	1 & 2		9.00am – 3.30pm
	3 & 4		9.00am – 3.30pm
	5, 6 & 7		9.00am – 3.30pm
	8 & 9		9.00am – 3.30pm
	10		9.00am – 3.30pm

**Also included:** Free access to Thrive-Online for 90 days for organisations new to Thrive. Thrive membership and licensing on successful completion of the full course.

**Requirements:** Full attendance is required for you to gain your Professional Licensed status at the end of the course. No previous qualifications are required other than being comfortable with day to day use of a laptop or tablet, and having the capacity to enjoy working with young people.

**Venue:**

**Price:** £1655 ex VAT per delegate (including refreshments)

**Please Note:** Delegates may need to bring their own Wi-fi enabled laptop/Tablet

**For more info:** Please contact [enquiries@thriveapproach.com](mailto:enquiries@thriveapproach.com) Tel: 01392 797555

**To book online:** [www.thriveapproach.com/courses/view/tc382/](http://www.thriveapproach.com/courses/view/tc382/)

